

MAKALEI CANOE CLUB – NA 'OPIO RACING SEASON Sponsored by Kailua Canoe Club

Makalei accepts youth paddlers in Grades 3 through 12. Based on canoe availability, we may need to limit the number of paddlers accepted to the Makalei program, so be sure to register early.

Online registration will begin in October. Practices will be Tuesdays and Thursdays from 3:30-5:15pm starting Thursday, November 5, 2024 at the Kailua Canoe Club paddling site. Races take place on Saturdays in December, January and February. Please be sure your youth paddler can make the commitment to this schedule prior to registering.

Dues for Makalei are \$150 and covers jerseys, race fees, canoe maintenance, paddler registration fees, and race day breakfasts.

There will be paddles to loan available during the Makalei season at no charge for paddlers who do not own paddles. Paddlers will reimburse Makalei \$150 for lost and severely damaged paddles.

Dress code to practice: No revealing tops or bottoms, no wearing jewelry, required to wear water shoes or slippers, some kind of foot protection.

Bring your own water bottle and towel. No sharing.

Must know how to swim and pass the swim/tread water test.

Everyone helps with the canoes. If you must leave practice early, tell the coach BEFORE practice start.

No practice if you have an open wound or skin is not intact. Required to call your parent to pick you up as you will not be allowed to stay unless we have an adult monitor on the beach.

CODE OF CONDUCT

At **Kailua Canoe Club**, we strive to paddle with passion and excellence, and to live the values represented by the word "Aloha"

A Akahai – Kindness, expressed with tenderness

L Lōkahi – Unity, expressed with harmony

O 'Olu'olu – Agreeable, expressed with pleasantness

H Ha'aha'a – Humility, expressed with modesty

A Ahonui – Patience, expressed with perseverance

Kailua Canoe Club encourages the pursuit of excellence in all aspects of canoe paddling. Our Code of Conduct has been created as a guideline of expected behavior for Kailua Canoe Club members.

An atmosphere of caring and respect is expected at all KCC practices and functions.

The following will be considered violations of the KCC Code of Conduct:

- 1. Discrimination on the basis of race, ethnicity, religion, age, gender, national origin or sexual orientation.
- 2. Bullying, defined as "the severe or repeated use of an oral, written, electronic or physical act or gesture directed at any other member which causes physical or emotional harm to another member or damage to another member's property, disrupts training or club activities or creates a hostile environment."
- 3. Sexual misconduct. Any act of sexual harassment or unwelcome sexual advances or inappropriate oral, written, visual or physical conduct of a sexual nature in connection with any KCC related activity. Any sexual contact or advance between a person of authority in the club (such as a KCC Coach or Board Member) and a KCC youth member under 18. Any sexual contact, advance or inappropriate communication (such as provocative text messages) between a coach and adult paddler (excepting pre-existing relationships) during the time an athlete/coach relationship exists. Many of us met our partners at paddling, however coaches dating paddlers disrupts the dynamics of a team. Wait until the season is over.
- 4. The use of illegal drugs at the practice site or at a paddling function.
- 5. The abuse of alcohol in the presence of an athlete under the age of 18 by a coach or other person of authority in the club.
- 6. Excessive profanity during practice, races or Kailua Canoe Club functions.
- 7. Any obscene language, gesture or threatening language or physical violence directed toward another KCC member or at a KCC function.
- 8. Any obscene language, gesture or threatening language or physical violence directed towards an official or a competitor at any paddling event.
- 9. Drinking alcohol at a race site during a regatta or distance race. Any act of fraud, deception or dishonesty in connection with any Kailua Canoe Club activity.
- 10. Any act of fraud, deception or dishonesty in connection with any Kailua Canoe Club activity.
- 11. Directly disobeying a coach's direction which may affect the safety of a paddler, crew, coach or equipment.

Members of Kailua Canoe Club may be placed on probation, suspended or expelled from Kailua Canoe Club for violations of the Code of Conduct.